

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE



MARCH 20/21, 2010

SATURDAY TRACK TIMETABLE

| Event # | Start Time | Gender | Age | Event | Type | Location | Event # | Start Time | Gender | Age | Event | Type | Location |
|---------|------------|--------|-----|----------------------|-------|----------|---------|------------|--------|-----|----------------------|-------|----------|
| | 8:30 | Boys | U14 | 1500 Metre Race Walk | Final | Circular | | 14:00 | Boys | U13 | 200 Metre Run | Heats | Sprint |
| | 8:42 | Girls | U14 | 1500 Metre Race Walk | Final | Circular | | 14:06 | Girls | U13 | 200 Metre Run | Heats | Sprint |
| | 8:54 | Girls | U15 | 1500 Metre Race Walk | Final | Circular | | 14:14 | Girls | U15 | 200 Metre Run | Heats | Sprint |
| | | | | | | | | 14:20 | Boys | U15 | 200 Metre Run | Heats | Sprint |
| | 8:30 | Boys | U12 | 70 Metre Run | Heats | Sprint | | 14:28 | Girls | U14 | 200 Metre Run | Heats | Sprint |
| | 8:36 | Girls | U12 | 70 Metre Run | Heats | Sprint | | 14:34 | Boys | U14 | 200 Metre Run | Heats | Sprint |
| | 8:44 | Boys | U11 | 70 Metre Run | Heats | Sprint | | | | | | | |
| | 8:50 | Girls | U11 | 70 Metre Run | Heats | Sprint | | 14:40 | Boys | U13 | 1500 Metre Race Walk | Final | Circular |
| | 8:58 | Boys | U10 | 70 Metre Run | Heats | Sprint | | 14:52 | Girls | U13 | 1500 Metre Race Walk | Final | Circular |
| | 9:04 | Girls | U10 | 70 Metre Run | Heats | Sprint | | | | | | | |
| | 9:12 | Boys | U9 | 70 Metre Run | Heats | Sprint | | 14:50 | Boys | U12 | 70 Metre Run | Final | Sprint |
| | 9:18 | Girls | U9 | 70 Metre Run | Heats | Sprint | | 14:52 | Girls | U12 | 70 Metre Run | Final | Sprint |
| | | | | | | | | 14:54 | Boys | U11 | 70 Metre Run | Final | Sprint |
| | 9:11 | Boys | U13 | 800 Metre Run | Heats | Circular | | 14:56 | Girls | U11 | 70 Metre Run | Final | Sprint |
| | 9:21 | Girls | U13 | 800 Metre Run | Heats | Circular | | 14:58 | Boys | U10 | 70 Metre Run | Final | Sprint |
| | 9:31 | Boys | U11 | 800 Metre Run | Heats | Circular | | 15:00 | Girls | U10 | 70 Metre Run | Final | Sprint |
| | 9:41 | Girls | U11 | 800 Metre Run | Heats | Circular | | 15:02 | Girls | U9 | 70 Metre Run | Final | Sprint |
| | 9:51 | Boys | U10 | 800 Metre Run | Heats | Circular | | 15:04 | Boys | U9 | 70 Metre Run | Final | Sprint |
| | 10:01 | Girls | U10 | 800 Metre Run | Heats | Circular | | | | | | | |
| | 10:11 | Boys | U9 | 800 Metre Run | Heats | Circular | | 15:16 | Boys | U15 | 100 Metre Hurdles | Final | Sprint |
| | 10:21 | Girls | U9 | 800 Metre Run | Heats | Circular | | 15:21 | Boys | U14 | 90 Metre Hurdles | Final | Sprint |
| | 10:31 | Boys | U15 | 800 Metre Run | Heats | Circular | | 15:23 | Girls | U15 | 90 Metre Hurdles | Final | Sprint |
| | 10:41 | Boys | U14 | 800 Metre Run | Heats | Circular | | 15:28 | Girls | U14 | 80 Metre Hurdles | Final | Sprint |
| | 10:51 | Girls | U14 | 800 Metre Run | Heats | Circular | | 15:30 | Boys | U13 | 80 Metre Hurdles | Final | Sprint |
| | 11:01 | Girls | U15 | 800 Metre Run | Heats | Circular | | 15:32 | Girls | U13 | 80 Metre Hurdles | Final | Sprint |
| | 11:11 | Boys | U12 | 800 Metre Run | Heats | Circular | | 15:37 | Boys | U12 | 80 Metre Hurdles | Final | Sprint |
| | 11:21 | Girls | U12 | 800 Metre Run | Heats | Circular | | 15:39 | Girls | U12 | 80 Metre Hurdles | Final | Sprint |
| | | | | | | | | 15:44 | Boys | U11 | 80 Metre Hurdles | Final | Sprint |
| | 9:39 | Boys | U15 | 100 Metre Hurdles | Heats | Sprint | | 15:46 | Girls | U11 | 80 Metre Hurdles | Final | Sprint |
| | 9:48 | Girls | U15 | 90 Metre Hurdles | Heats | Sprint | | 15:48 | Boys | U10 | 80 Metre Hurdles | Final | Sprint |
| | 9:54 | Boys | U14 | 90 Metre Hurdles | Heats | Sprint | | 15:50 | Girls | U10 | 80 Metre Hurdles | Final | Sprint |
| | 10:03 | Girls | U14 | 80 Metre Hurdles | Heats | Sprint | | 15:55 | Boys | U9 | 80 Metre Hurdles | Final | Sprint |
| | 10:09 | Boys | U13 | 80 Metre Hurdles | Heats | Sprint | | 15:57 | Girls | U9 | 80 Metre Hurdles | Final | Sprint |
| | 10:15 | Girls | U13 | 80 Metre Hurdles | Heats | Sprint | | | | | | | |
| | 10:21 | Boys | U12 | 80 Metre Hurdles | Heats | Sprint | | 16:09 | Boys | U15 | 800 Metre Run | Final | Circular |
| | 10:30 | Girls | U12 | 80 Metre Hurdles | Heats | Sprint | | 16:14 | Girls | U15 | 800 Metre Run | Final | Circular |
| | 10:36 | Boys | U11 | 80 Metre Hurdles | Heats | Sprint | | 16:19 | Girls | U14 | 800 Metre Run | Final | Circular |
| | 10:45 | Girls | U11 | 80 Metre Hurdles | Heats | Sprint | | 16:24 | Boys | U14 | 800 Metre Run | Final | Circular |
| | 10:51 | Boys | U10 | 80 Metre Hurdles | Heats | Sprint | | 16:29 | Girls | U12 | 800 Metre Run | Final | Circular |
| | 10:57 | Girls | U10 | 80 Metre Hurdles | Heats | Sprint | | 16:34 | Boys | U12 | 800 Metre Run | Final | Circular |
| | 11:06 | Boys | U9 | 80 Metre Hurdles | Heats | Sprint | | 16:39 | Boys | U11 | 800 Metre Run | Final | Circular |
| | 11:15 | Girls | U9 | 80 Metre Hurdles | Heats | Sprint | | 16:44 | Girls | U11 | 800 Metre Run | Final | Circular |
| | | | | | | | | 16:49 | Girls | U10 | 800 Metre Run | Final | Circular |
| | 11:36 | Boys | U11 | 200 Metre Run | Heats | Circular | | 16:54 | Boys | U10 | 800 Metre Run | Final | Circular |
| | 11:42 | Girls | U11 | 200 Metre Run | Heats | Circular | | 16:59 | Girls | U9 | 800 Metre Run | Final | Circular |
| | 11:50 | Boys | U9 | 200 Metre Run | Heats | Circular | | 17:04 | Boys | U9 | 800 Metre Run | Final | Circular |
| | 11:56 | Girls | U9 | 200 Metre Run | Heats | Circular | | 17:09 | Girls | U13 | 800 Metre Run | Final | Circular |
| | 12:04 | Girls | U10 | 200 Metre Run | Heats | Circular | | 17:14 | Boys | U13 | 800 Metre Run | Final | Circular |
| | 12:10 | Boys | U10 | 200 Metre Run | Heats | Circular | | | | | | | |
| | 12:18 | Boys | U12 | 200 Metre Run | Heats | Circular | | 17:29 | Girls | U15 | 200 Metre Run | Final | Circular |
| | 12:24 | Girls | U12 | 200 Metre Run | Heats | Circular | | 17:31 | Boys | U15 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:33 | Girls | U14 | 200 Metre Run | Final | Circular |
| | 12:35 | Boys | U15 | 1500 Metre Race Walk | Final | Circular | | 17:36 | Boys | U14 | 200 Metre Run | Final | Circular |
| | 12:47 | Boys | U12 | 1500 Metre Race Walk | Final | Circular | | 17:38 | Girls | U12 | 200 Metre Run | Final | Circular |
| | 12:59 | Girls | U12 | 1500 Metre Race Walk | Final | Circular | | 17:40 | Boys | U12 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:43 | Girls | U11 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:45 | Boys | U11 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:47 | Girls | U10 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:50 | Boys | U10 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:52 | Girls | U9 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:54 | Boys | U9 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:57 | Girls | U13 | 200 Metre Run | Final | Circular |
| | | | | | | | | 17:59 | Boys | U13 | 200 Metre Run | Final | Circular |

LUNCH

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE



MARCH 20/21, 2010

SUNDAY TRACK TIMETABLE

| Event # | Start Time | Gender | Age | Event | Type | Location | Event # | Start Time | Gender | Age | Event | Type | Location |
|---------|------------|--------|-----|----------------------|-------|----------|---------|------------|--------|-----|-------------------|-------|----------|
| | 8:30 | Boys | U11 | 1500 Metre Run | Final | Circular | | 12:45 | Boys | U9 | 400 Metre Run | Heats | Sprint |
| | 8:40 | Girls | U9 | 1100 Metre Race Walk | Final | Circular | | 12:54 | Girls | U9 | 400 Metre Run | Heats | Sprint |
| | 8:50 | Girls | U12 | 1500 Metre Run | Final | Circular | | 13:03 | Boys | U10 | 400 Metre Run | Heats | Sprint |
| | 9:00 | Girls | U13 | 1500 Metre Run | Final | Circular | | 13:12 | Girls | U10 | 400 Metre Run | Heats | Sprint |
| | 9:10 | Girls | U11 | 1500 Metre Race Walk | Final | Circular | | 13:21 | Boys | U11 | 400 Metre Run | Heats | Sprint |
| | 9:20 | Boys | U13 | 1500 Metre Run | Final | Circular | | 13:30 | Girls | U11 | 400 Metre Run | Heats | Sprint |
| | 9:30 | Boys | U9 | 1100 Metre Race Walk | Final | Circular | | 13:39 | Boys | U12 | 400 Metre Run | Heats | Sprint |
| | 9:40 | Boys | U12 | 1500 Metre Run | Final | Circular | | 13:48 | Girls | U12 | 400 Metre Run | Heats | Sprint |
| | 9:50 | Boys | U10 | 1100 Metre Race Walk | Final | Circular | | 13:57 | Boys | U13 | 400 Metre Run | Heats | Sprint |
| | | | | | | | | 14:06 | Girls | U13 | 400 Metre Run | Heats | Sprint |
| | 8:30 | Girls | U11 | 100 Metre Run | Heats | Sprint | | 14:15 | Boys | U14 | 400 Metre Run | Heats | Sprint |
| | 8:36 | Boys | U13 | 100 Metre Run | Heats | Sprint | | 14:24 | Girls | U14 | 400 Metre Run | Heats | Sprint |
| | 8:44 | Boys | U9 | 100 Metre Run | Heats | Sprint | | 14:33 | Boys | U15 | 400 Metre Run | Heats | Sprint |
| | 8:50 | Boys | U15 | 100 Metre Run | Heats | Sprint | | 14:42 | Girls | U15 | 400 Metre Run | Heats | Sprint |
| | 8:56 | Girls | U15 | 100 Metre Run | Heats | Sprint | | | | | | | |
| | 9:04 | Boys | U12 | 100 Metre Run | Heats | Sprint | | 15:01 | Boys | U9 | 60 Metre Hurdles | Final | Sprint |
| | 9:10 | Boys | U10 | 100 Metre Run | Heats | Sprint | | 15:03 | Girls | U9 | 60 Metre Hurdles | Final | Sprint |
| | 9:16 | Girls | U14 | 100 Metre Run | Heats | Sprint | | 15:08 | Boys | U10 | 60 Metre Hurdles | Final | Sprint |
| | 9:24 | Girls | U10 | 100 Metre Run | Heats | Sprint | | 15:10 | Girls | U10 | 60 Metre Hurdles | Final | Sprint |
| | 9:30 | Boys | U14 | 100 Metre Run | Heats | Sprint | | 15:12 | Boys | U11 | 60 Metre Hurdles | Final | Sprint |
| | 9:37 | Girls | U12 | 100 Metre Run | Heats | Sprint | | 15:14 | Girls | U11 | 60 Metre Hurdles | Final | Sprint |
| | 9:43 | Girls | U9 | 100 Metre Run | Heats | Sprint | | 15:19 | Boys | U12 | 60 Metre Hurdles | Final | Sprint |
| | 9:50 | Boys | U11 | 100 Metre Run | Heats | Sprint | | 15:21 | Girls | U12 | 60 Metre Hurdles | Final | Sprint |
| | 9:56 | Girls | U13 | 100 Metre Run | Heats | Sprint | | | | | | | |
| | | | | | | | | 15:33 | Boys | U13 | 300 Metre Hurdles | Final | Sprint |
| | 10:05 | Girls | U15 | 300 Metre Hurdles | Heats | Circular | | 15:36 | Girls | U13 | 300 Metre Hurdles | Final | Sprint |
| | 10:14 | Boys | U15 | 300 Metre Hurdles | Heats | Circular | | 15:39 | Boys | U14 | 300 Metre Hurdles | Final | Sprint |
| | 10:23 | Girls | U14 | 300 Metre Hurdles | Heats | Circular | | 15:43 | Girls | U14 | 300 Metre Hurdles | Final | Sprint |
| | 10:32 | Boys | U13 | 300 Metre Hurdles | Heats | Circular | | 15:46 | Boys | U15 | 300 Metre Hurdles | Final | Sprint |
| | 10:41 | Boys | U14 | 300 Metre Hurdles | Heats | Circular | | 15:49 | Girls | U15 | 300 Metre Hurdles | Final | Sprint |
| | 10:50 | Girls | U13 | 300 Metre Hurdles | Heats | Circular | | | | | | | |
| | | | | | | | | 16:02 | Boys | U9 | 100 Metre Run | Final | Sprint |
| | 11:15 | Boys | U9 | 60 Metre Hurdles | Heats | Sprint | | 16:04 | Girls | U9 | 100 Metre Run | Final | Sprint |
| | 11:21 | Girls | U9 | 60 Metre Hurdles | Heats | Sprint | | 16:06 | Boys | U11 | 100 Metre Run | Final | Sprint |
| | 11:30 | Boys | U11 | 60 Metre Hurdles | Heats | Sprint | | 16:09 | Girls | U11 | 100 Metre Run | Final | Sprint |
| | 11:36 | Girls | U11 | 60 Metre Hurdles | Heats | Sprint | | 16:11 | Boys | U10 | 100 Metre Run | Final | Sprint |
| | 11:42 | Boys | U10 | 60 Metre Hurdles | Heats | Sprint | | 16:13 | Girls | U10 | 100 Metre Run | Final | Sprint |
| | 11:48 | Girls | U10 | 60 Metre Hurdles | Heats | Sprint | | 16:16 | Boys | U12 | 100 Metre Run | Final | Sprint |
| | 11:57 | Girls | U12 | 60 Metre Hurdles | Heats | Sprint | | 16:18 | Girls | U12 | 100 Metre Run | Final | Sprint |
| | 12:03 | Boys | U12 | 60 Metre Hurdles | Heats | Sprint | | 16:20 | Boys | U13 | 100 Metre Run | Final | Sprint |
| | | | | | | | | 16:23 | Girls | U13 | 100 Metre Run | Final | Sprint |
| | 11:06 | Girls | U10 | 1100 Metre Race Walk | Final | Circular | | 16:25 | Boys | U14 | 100 Metre Run | Final | Sprint |
| | 11:16 | Girls | U15 | 1500 Metre Run | Final | Circular | | 16:27 | Girls | U14 | 100 Metre Run | Final | Sprint |
| | 11:26 | Girls | U14 | 1500 Metre Run | Final | Circular | | 16:30 | Boys | U15 | 100 Metre Run | Final | Sprint |
| | 11:36 | Boys | U15 | 1500 Metre Run | Final | Circular | | 16:32 | Girls | U15 | 100 Metre Run | Final | Sprint |
| | 11:46 | Boys | U14 | 1500 Metre Run | Final | Circular | | | | | | | |
| | 11:56 | Boys | U11 | 1500 Metre Race Walk | Final | Circular | | 16:44 | Boys | U9 | 400 Metre Run | Final | Sprint |
| | 12:06 | Girls | U11 | 1500 Metre Run | Final | Circular | | 16:47 | Girls | U9 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 16:50 | Boys | U10 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 16:54 | Girls | U10 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 16:57 | Boys | U11 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:00 | Girls | U11 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:04 | Boys | U12 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:07 | Girls | U12 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:10 | Boys | U13 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:14 | Girls | U13 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:17 | Boys | U14 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:20 | Girls | U14 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:24 | Boys | U15 | 400 Metre Run | Final | Sprint |
| | | | | | | | | 17:27 | Girls | U15 | 400 Metre Run | Final | Sprint |

LUNCH

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE



MARCH 20/21, 2010

SATURDAY FIELD TIMETABLE

SUNDAY FIELD TIMETABLE

| Event # | Start Time | Gender | Age | Event | Location | Event # | Start Time | Gender | Age | Event | Location |
|---------|------------|--------|-----|-------------|----------|---------|------------|--------|-----|-------------|----------|
| | 8:30 | Boys | U9 | Discus | Ring 2 | | 8:30 | Boys | U10 | Long Jump | Pit 1 |
| | 8:30 | Boys | U11 | Shot Put | Ring 1 | | 8:30 | Boys | U12 | High Jump | Area 1 |
| | 8:30 | Boys | U12 | Discus | Ring 1 | | 8:30 | Boys | U13 | Triple Jump | Pit 2 |
| | 8:30 | Boys | U14 | Triple Jump | Pit 1 | | 8:30 | Boys | U14 | Shot Put | Ring 1 |
| | 8:30 | Boys | U15 | Long Jump | Pit 2 | | 8:30 | Boys | U15 | High Jump | Area 2 |
| | 8:30 | Girls | U10 | Triple Jump | Pit 2 | | 8:30 | Girls | U9 | Discus | Ring 2 |
| | 8:30 | Girls | U11 | Long Jump | Pit 1 | | 8:30 | Girls | U10 | Long Jump | Pit 2 |
| | 8:30 | Girls | U12 | High Jump | Area 2 | | 8:30 | Girls | U12 | Discus | Ring 1 |
| | 8:30 | Girls | U13 | High Jump | Area 1 | | 8:30 | Girls | U13 | Shot Put | Ring 2 |
| | 8:30 | Girls | U14 | Shot Put | Ring 2 | | 8:30 | Girls | U14 | Javelin | Area 1 |
| | 8:30 | Girls | U15 | Javelin | Area 1 | | 8:30 | Girls | U15 | Triple Jump | Pit 1 |
| | | | | | | | | | | | |
| | 10:00 | Boys | U13 | Discus | Ring 1 | | 10:00 | Boys | U11 | Javelin | Area 1 |
| | 10:00 | Boys | U14 | Javelin | Area 1 | | 10:00 | Boys | U14 | High Jump | Area 2 |
| | 10:00 | Girls | U14 | High Jump | Area 1 | | 10:00 | Girls | U11 | Discus | Ring 1 |
| | | | | | | | | | | | |
| | 11:30 | Boys | U9 | Long Jump | Pit 2 | | 11:30 | Boys | U9 | Triple Jump | Pit 2 |
| | 11:30 | Boys | U10 | Triple Jump | Pit 1 | | 11:30 | Boys | U10 | Discus | Ring 2 |
| | 11:30 | Boys | U11 | Discus | Ring 1 | | 11:30 | Boys | U11 | High Jump | Area 2 |
| | 11:30 | Boys | U12 | Shot Put | Ring 2 | | 11:30 | Boys | U12 | Long Jump | Pit 1 |
| | 11:30 | Boys | U15 | Shot Put | Ring 1 | | 11:30 | Boys | U13 | High Jump | Area 1 |
| | 11:30 | Girls | U9 | Long Jump | Pit 1 | | 11:30 | Boys | U15 | Javelin | Area 1 |
| | 11:30 | Girls | U10 | Discus | Ring 2 | | 11:30 | Girls | U9 | Triple Jump | Pit 1 |
| | 11:30 | Girls | U11 | High Jump | Area 2 | | 11:30 | Girls | U12 | Shot Put | Ring 2 |
| | 11:30 | Girls | U12 | Triple Jump | Pit 2 | | 11:30 | Girls | U13 | Discus | Ring 1 |
| | 11:30 | Girls | U13 | Javelin | Area 1 | | 11:30 | Girls | U14 | Long Jump | Pit 2 |
| | 11:30 | Girls | U15 | High Jump | Area 1 | | 11:30 | Girls | U15 | Shot Put | Ring 1 |
| | | | | | | | | | | | |
| | 14:00 | Boys | U9 | High Jump | Area 2 | | 14:00 | Boys | U9 | Shot Put | Ring 2 |
| | 14:00 | Boys | U11 | Long Jump | Pit 1 | | 14:00 | Boys | U10 | High Jump | Area 2 |
| | 14:00 | Boys | U13 | Shot Put | Ring 1 | | 14:00 | Boys | U13 | Javelin | Area 1 |
| | 14:00 | Boys | U14 | Discus | Ring 1 | | 14:00 | Boys | U15 | Triple Jump | Pit 1 |
| | 14:00 | Girls | U9 | Shot Put | Ring 2 | | 14:00 | Girls | U9 | High Jump | Area 1 |
| | 14:00 | Girls | U10 | High Jump | Area 1 | | 14:00 | Girls | U11 | Shot Put | Ring 1 |
| | 14:00 | Girls | U11 | Javelin | Area 1 | | 14:00 | Girls | U13 | Triple Jump | Pit 2 |
| | 14:00 | Girls | U13 | Long Jump | Pit 2 | | 14:00 | Girls | U14 | Discus | Ring 1 |
| | | | | | | | | | | | |
| | 15:30 | Boys | U10 | Shot Put | Ring 1 | | 15:30 | Boys | U11 | Triple Jump | Pit 2 |
| | 15:30 | Boys | U12 | Triple Jump | Pit 2 | | 15:30 | Boys | U12 | Javelin | Area 1 |
| | 15:30 | Boys | U13 | Long Jump | Pit 1 | | 15:30 | Boys | U14 | Long Jump | Pit 1 |
| | 15:30 | Boys | U15 | Discus | Ring 1 | | 15:30 | Girls | U10 | Shot Put | Ring 2 |
| | 15:30 | Girls | U12 | Javelin | Area 1 | | 15:30 | Girls | U11 | Triple Jump | Pit 1 |
| | 15:30 | Girls | U14 | Triple Jump | Pit 1 | | 15:30 | Girls | U12 | Long Jump | Pit 2 |
| | 15:30 | Girls | U15 | Long Jump | Pit 2 | | 15:30 | Girls | U15 | Discus | Ring 1 |

VLAA STATE TRACK & FIELD CHAMPIONSHIPS

OLYMPIC PARK, MELBOURNE



MARCH 20/21, 2010

| | U9G | | U10G | | U11G | | U12G | | U13G | | U14G | | U15G | | |
|-------|------------|-----------|------------|-------------|------------|-----------|-----------|--------------|--------------|-----------|--------------|----------|--------------|-----------|-------|
| | TRACK | FIELD | TRACK | FIELD | TRACK | FIELD | TRACK | FIELD | TRACK | FIELD | TRACK | FIELD | TRACK | FIELD | |
| 8:30 | | | | | | | 70m Heats | | | | 1500mW Final | | | | 8:30 |
| 8:40 | | | | | | | | | | | | | | | 8:40 |
| 8:50 | | | | | | | | | | | | | | | 8:50 |
| 9:00 | | | 70m Heats | | 70m Heats | | | | | | | | 1500mW Final | | 9:00 |
| 9:10 | | | | Triple Jump | | Long Jump | | High Jump | | High Jump | | Shot Put | | Javelin | 9:10 |
| 9:20 | 70m Heats | | | | | | | | 800m Heats | | | | | | 9:20 |
| 9:30 | | | | | | | | | | | | | | | 9:30 |
| 9:40 | | | | | 800m Heats | | | | | | | | | | 9:40 |
| 9:50 | | | | | | | | | | | | | 90mH Heats | | 9:50 |
| 10:00 | | | 800m Heats | | | | | | | | 80mH Heats | | | | 10:00 |
| 10:10 | | | | | | | | | 80mH Heats | | | | | | 10:10 |
| 10:20 | 800m Heats | | | | | | | | | | | | | | 10:20 |
| 10:30 | | | | | | | | 80mH Heats | | | | | | | 10:30 |
| 10:40 | | | | | | | | | | | | | | | 10:40 |
| 10:50 | | | 80mH Heats | | 80mH Heats | | | | | | | | | | 10:50 |
| 11:00 | | | | | | | | | | | 800m Heats | | 800m Heats | | 11:00 |
| 11:10 | 80mH Heats | | | | | | | | | | | | | | 11:10 |
| 11:20 | | | | | | | | 800m Heats | | | | | | | 11:20 |
| 11:30 | | | | | | | | | | | | | | | 11:30 |
| 11:40 | | | | | 200m Heats | | | | | | | | | | 11:40 |
| 11:50 | | | | | | | | | | | | | | | 11:50 |
| 12:00 | 200m Heats | | | | | | | | | | | | | | 12:00 |
| 12:10 | | Long Jump | 200m Heats | Discus | | High Jump | | Triple Jump | | Javelin | | | | High Jump | 12:10 |
| 12:20 | | | | | | | | | | | | | | | 12:20 |
| 12:30 | | | | | | | | | | | | | | | 12:30 |
| 12:40 | | | | | | | | | | | | | | | 12:40 |
| 12:50 | | | | | | | | | | | | | | | 12:50 |
| 13:00 | | | | | | | | 1500mW Final | | | | | | | 13:00 |
| 13:10 | | | | | | | | | | | | | | | 13:10 |
| 13:20 | | | | | | | | | | | | | | | 13:20 |
| 13:30 | | | | | | | | | | | | | | | 13:30 |
| 13:40 | | | | | | | | | | | | | | | 13:40 |
| 13:50 | | | | | | | | | | | | | | | 13:50 |
| 14:00 | | | | | | | | | 200m Heats | | | | | | 14:00 |
| 14:10 | | | | | | | | | | | | | | | 14:10 |
| 14:20 | | | | | | | | | | | | | 200m Heats | | 14:20 |
| 14:30 | | | | | | | | | | | | | | | 14:30 |
| 14:40 | | Shot Put | | High Jump | | Javelin | | | | | | | | Long Jump | 14:40 |
| 14:50 | | | | | 70m Final | | 70m Final | | 1500mW Final | | | | | | 14:50 |
| 15:00 | 70m Final | | 70m Final | | | | | | | | | | | | 15:00 |
| 15:10 | | | | | | | | | | | | | | | 15:10 |
| 15:20 | | | | | | | | | | | | | 90mH Final | | 15:20 |
| 15:30 | | | | | | | | | 80mH Final | | 80mH Final | | | | 15:30 |
| 15:40 | | | | | | | | | | | | | | | 15:40 |
| 15:50 | 80mH Final | | 80mH Final | | | | | | | | | | | | 15:50 |
| 16:00 | | | | | | | | | | | | | | | 16:00 |
| 16:10 | | | | | | | | | | | | | | | 16:10 |
| 16:20 | | | | | | | | | | | | | | | 16:20 |
| 16:30 | | | | | | | | | | | | | | | 16:30 |
| 16:40 | | | | | | | | | | | | | | | 16:40 |
| 16:50 | | | | | | | | | | | | | | | 16:50 |
| 17:00 | 800m Final | | | | | | | | | | | | | | 17:00 |
| 17:10 | | | | | | | | | | | | | | | 17:10 |
| 17:20 | | | | | | | | | | | | | | | 17:20 |
| 17:30 | | | | | | | | | | | | | | | 17:30 |
| 17:40 | | | | | | | | | | | | | | | 17:40 |
| 17:50 | 200m Final | | 200m Final | | | | | | | | | | | | 17:50 |
| 18:00 | | | | | | | | | 200m Final | | | | | | 18:00 |

